

## VA Southern Nevada Healthcare System

### Face to Face (F2F), VA Video Connect (VVC) and Phone Groups (VANTS call)

Class/Group	Scheduling	Point(s) of Contact
<b>Alpha-Stim CEs for treatment of anxiety, insomnia and depression Group</b> F2F + VVC	Closed-Have your provider alert Alpha Stim point of contact in your clinic	Michael McCawley, LCSW; Alpha Stim Champion (702) 754-4652 and John Walker, PA (702) 791-9062
<b>Couples Communication Skills Class</b> Friday 1300-1430	Closed-Have your provider place a Couples & Family Services Consult	Benjamin Loew, PhD Couples and Family Coordinator
<b>Pathways to Recovery Group</b> F2F + VANTS Friday 0930-1100	Closed-obtain referral Held at Cinnamon Ridge Park 825 Burkholder Blvd. Henderson NV 89015	Gregory Brask, Certified Peer Support Specialist (702) 332-8380
<b>Tai Chi &amp; Chi Gung Class</b> F2F Mondays 1700-1800	Open-No appointment needed Held in VAMC Auditorium	Facilitated by Sifu Tyson Kern; POC: ADTP Jason Mouritsen, PsyD
<b>Veterans Coffee Club</b> F2F + VANTS Wednesday 0900-1000	Closed-obtain referral Held at Cinnamon Ridge Park 825 Burkholder Blvd. Henderson NV 89015	Gregory Brask, Certified Peer Support Specialist (702) 332-8380
<b>Virtual Peer Support Group</b> Monday-Friday 1100-1200	Open to all clinic referrals	Christine Dozier, PhD and Darrell Mendiola, Certified Peer Support Specialist (702) 606-8814
<b>Yoga</b> F2F + VVC (schedule varies)	Closed-Have your provider place a Recreational Therapy Consult with "yoga" in consult	Scott Amberson, Recreation Technician and Yoga Instructor

**VA Medical Center-Behavioral Health Service**

**6900 N. Pecos Rd. 89086 791-9062**

Class/Group	Scheduling	Point(s) of Contact
<b>Acceptance and Commitment Therapy for Depression (ACT-D) Group</b> VVC Tuesday 0900-1030	Closed-obtain referral	Istvan Kacso, PhD and David Abrams, LCSW
<b>Acceptance and Commitment Therapy-Aftercare Group</b> VVC Thursday 0900-1030	Closed-obtain referral	Istvan Kacso, PhD and David Abrams, LCSW
<b>Mindfulness Skills Group</b> VVC Wednesday 0800-0930	Closed-8 week series	Ashley Simmons, PsyD
<b>Pathways to Recovery</b> VVC Thursday 1030-1200	Open-Contact Peer Support Specialist for VVC link	Fred Salo, Certified Peer Support Specialist

**VA Medical Center- Women's Health Center (3<sup>rd</sup> Floor)**

**6900 N. Pecos Rd. 89086 791-9176**

**POC: Janice Postlewaite, LCSW; Women Veterans Program Manager**

Class/Group	Scheduling	Point(s) of Contact
<b>Women's Weekly Check in Group</b> WebEx Tuesday 1100-1200	Open-No appointment needed	Amy Jack, Certified Peer Support Specialist (702) 379-8137
<b>Women's Pathway to Recovery Group</b> VVC Friday 0900-1030	Open-No appointment needed	Amy Jack, Certified Peer Support Specialist (702) 379-8137

VVC Wednesday 1700-1830		
<b>Women's Whole Health-Taking Charge of My Life and Health</b> VVC Monday 0900-1030	Closed-obtain referral	Amy Jack, Certified Peer Support Specialist (702) 379-8137

**POC: Brian Potts, PsyD; Local Recovery Coordinator and**

**Christine Dozier, PsyD; Chief of Psychosocial Rehabilitation and Recovery Services and Director of Veterans Recovery**

Class/Group	Scheduling	Point(s) of Contact
<b>The Psychosocial Rehabilitation and Recovery Center (PRRC)</b> offers many recovery classes via VVC throughout the week for Veterans living with Serious Mental Health Diagnosis. Focus is on community integration, coping with symptoms and follows the recovery model. Have your provider place a PRRC Consult.	Pre-requisite: Referral by MH Provider.  PRRC Admission Monday-Friday 0900-1500	Jay Grata, LCSW; PRRC Program Manager and PRRC recovery coaches

**VA Medical Center -Addictive Disorders Treatment Program (ADTP)** 6900 N. Pecos Rd. 89086 **791-9062**

**POC: Jason Mouritsen, PsyD; Addictive Disorder Treatment Program Coordinator**

**ADTP** is a comprehensive, voluntary, outpatient program consisting of individual counseling, groups and medication. All services offered at the Medical Center at 6900 N. Pecos Rd. Mental Health Building. The ADTP Program lasts up to one year and offers a variety of other groups not listed here.

<b>Phase 1: Early Recovery</b> VVC Mon & Wed 1800-1900 AND Tues 1100-1200	Closed-4 sessions Pre-requisite: Admission to ADTP	ADTP Providers
<b>Phase 3: Aftercare Group</b> VVC Mon or Wed 1800-1900	Closed Pre-requisite: completion of Phase 2	ADTP Providers

**VA Medical Center-PTSD Program**

6900 N. Pecos Rd. 89086 **791-9062**

**POC: Selena Smith, PsyD; PTSD Program Coordinator and**

**Nicole Anders, PsyD; Military Sexual Trauma (MST) Coordinator**

**PTSD Core Program** is a voluntary, time-limited treatment program that focuses on use of Evidence Based Protocols (EBP). The **Core** of the PTSD Program includes options to either attend an EBP Cognitive Processing Therapy Group and/or an EBP Trauma Focused Therapy in an Individual Therapy format.

Have your provider place a PTSD CONSULT (Combat Trauma Related, MST Related or Non-Combat/Military Related) for review of admission. You can discuss your Core option with your PTSD Program Provider.

**PTSD Elective Program:** Once you have completed Core Group and/or EBP individual therapy you are eligible to attend \*1\* elective group. Talk to your PTSD Provider to get an updated list of elective groups available and those being offered via VVC.

**Northwest Clinic (NWC)/General Mental Health &PCC**3968 North Rancho Dr. **791-9020**

<b>Class/Group</b>	<b>Scheduling</b>	<b>Point(s) of Contact</b>
<b>Pathways to Recovery Group</b> VVC Monday 1030-1200	Open-No appointment needed	Geri Hunt, Certified Peer Support Specialist (702) 701-0602
<b>Pathways to Recovery Group</b> VVC Tuesday 1030-1200	Open-No appointment needed	Geri Hunt, Certified Peer Support Specialist

**Northeast Clinic (NEC)/General Mental Health & PCC**4461 E. Charleston Blvd. **791-9050**

<b>Class/Group</b>	<b>Scheduling</b>	<b>Point(s) of Contact</b>
<b>Aftercare Group 2</b> Wednesday 1430-1530 VANTS (800) 767-1750 access code 05854#	Closed-obtain referral from Jessica Payne, LCSW	Jessica Payne, LCSW
<b>Anxiety Group (CBT &amp; Mindfulness)</b> VVC Wednesday 1530-1700	Closed-12 week series Obtain referral for appointment	Jessica Payne, LCSW <i>Nxt: 10/07/20 to 12/30/20</i>
<b>Cognitive Behavioral Therapy (CBT) for the Management of Chronic Pain Group</b> VVC Thursday 1430-1600	Closed-8 week series Obtain referral for appointment	PCMHI Psychologist Robert Moering, PsyD <i>Starts June 2020</i>
<b>Veterans LGBT Support Group</b> VVC Monday 1500-1600	Open-No appointment needed	F. Thomas Coloma, Peer Support Specialist

**Southeast Clinic (SEC)/General Mental Health & PCC**1020 S. Boulder Hwy, Henderson **791-9030**

<b>Class/Group</b>	<b>Scheduling</b>	<b>Point(s) of Contact</b>
<b>Acceptance and Commitment Therapy (ACT-D) for Depression Group</b> VVC Thursday 1600-1730	Closed-12 sessions Referral by LIP required	Jennifer Vecchio, PsyD

**Southwest Clinic (SWC)/General Mental Health & PCC**7235 South Buffalo Dr. 89113 **791-9040**

<b>Class/Group</b>	<b>Scheduling</b>	<b>Point(s) of Contact</b>
<b>Pathways to Recovery Group</b> VVC & VANTS Tuesday 1030-1200	Open-No appointment needed	Jonathan Pearson, Certified Peer Support Specialist
<b>OEF/OIF Pathways to Recovery Group</b> VANTS	Open-No appointment needed	Certified Peer Support Specialist

**Other Resources**

<b>Class/Group</b>	<b>Scheduling</b>	<b>Point(s) of Contact</b>
<b>Tele-Quit Smoking Cessation Program</b> A smoking cessation telephone coordination program that includes educational material, continuing care coordination via toll free number and mailings.	Consult required	Ask your VA provider to place a Mental Health → TeleQuit consult
Call <b>Smoking Quit Line 1-855-QUIT-VET 784-8838</b> Text <b>VET to 47848</b> Download <b>Stayquitcoach</b> App	Quit Line open M-F 0900-2100 Website <b>smokefree.gov/VET</b> or <a href="https://www.publichealth.va.gov/smoking/help-veterans-quit.asp">https://www.publichealth.va.gov/smoking/help-veterans-quit.asp</a>	
Anger Management, Anger & Irritability Management Skills, Moving Forward (Problem Solving), Veteran Parenting and Path to Better Sleep (CBT-I) Skill building	<a href="http://www.veterantraining.va.gov/">www.veterantraining.va.gov/</a>	

**Henderson Vet Center**400 S. Stephanie St. Ste.180, Henderson 89014 **791-9100****Point of Contact: Kelly Edwards, LCSW; Director**

(updated 09/10/20)

Eligibility Criteria for Vet Center Programming: Served in a Combat Theater, MST, Mortuary Services who received combat casualties, and UAV personnel involved in combat operations. Call to schedule an intake for treatment to obtain a referral to groups. \*Temporary Operating Hours: M-F from 0800-1630; by appt only if you need after hours appts.

<i>Group</i>	<i>Details</i>
Family Support Group	Monday 1430-1530
Writing Workshop	Tuesday 0900-1030
Men's Support Group	Wednesday 1100-1200
PTSD Process Group	Wednesday 1130-1230
PTSD Support Group	Wednesday 1400-1500
Women's Group	Wednesday 1430-1600
Anger Management	Friday 1200-1300
Wounded Warrior Project Peer Support Group	*tentative re-start in October 2020 1 <sup>st</sup> Thursday of each month 1730-1930

**Las Vegas Vet Center**7455 W. Washington Ave. Ste. 240 89128 **791-9170****Point of Contact: Joseph Lasky, LCSW; Director**

(updated 05/27/20)

Eligibility Criteria for Vet Center Programming: Served in a Combat Theater, MST, Mortuary Services who received combat casualties and UAV personnel involved in combat operations. Call to schedule an intake for treatment to obtain referral to groups.

<i>Group</i>	<i>Details</i>
Vietnam Era Group	Monday 1100-1230
Vietnam Era Group	Monday 1230-1400
Vietnam Era Group	Tuesday 0900-1030
1230 Vietnam Era Group	Wednesday 1230-1400
All Eras Combat Veteran Group	Wednesday 1700-1830
Virtual Narrative Therapy (role playing) Activity Group	Friday 1300-1600
<del>Wounded Warrior Project (WWP) Peer Support Group</del>	<del>3<sup>rd</sup> Thursday of each month 1700-1800-suspended till further notice</del>