

Register for Your VA Personal Health Record (PHR):

- 1 Type www.myhealth.va.gov in the address bar on your web browser, and then press Enter. This takes you to VA's My HealthVet website.
- 2 On the right-hand side of the screen, select the **Register Today** button. Complete the registration page, and review and accept the Terms & Conditions and the Privacy Policy for using the My HealthVet website.
- 3 Log into your My HealthVet account and begin to create your PHR.
- 4 Begin using My HealthVet to access VA health care and services at your convenience to better manage your health. Also, if you are a VA patient, take some time to watch the In-Person Authentication (IPA) video online.
- 5 Bookmark www.myhealth.va.gov as a favorite and make a note, if you are a VA patient, to get an upgraded account during your next VA clinic visit to get the most out of your PHR.

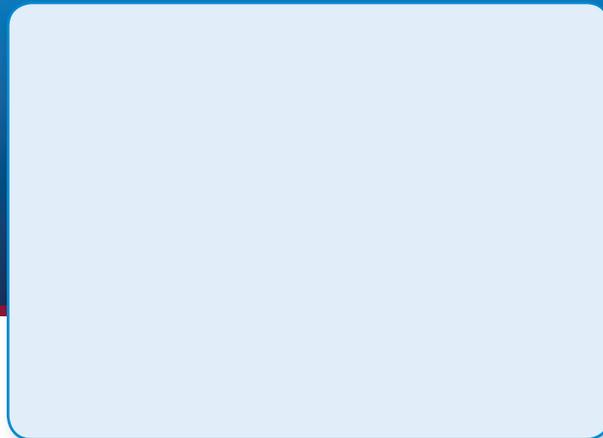


Is an Upgraded Account, or IPA, for me?

Yes, if you want to:

- View VA Allergies and Adverse Reactions
- Receive Wellness Reminders
- View VA Appointments
- Participate in Secure Messaging
- Be ready to access all new My HealthVet features that will enhance your Personal Health Record

Ask the My HealthVet Coordinator at your facility about IPA



Important Features

Download My Data

Use the VA Blue Button to download, store or print the information in your My HealthVet account.

VA Prescription Refills

Order your VA prescription refills online.

Secure Messaging

Communicate non-emergency health-related information with your health care team through Secure Messaging.

VA Appointments

View your scheduled VA Appointments and your appointment history for the past two years.

Wellness Reminders

View your VA Wellness Reminders.

Vitals

Use My HealthVet to monitor and graph your health statistics, such as blood pressure and blood sugar.

Medical Libraries

Access extensive online medical libraries.



www.myhealth.va.gov

My Health, My Care: 24/7 ^{Online} Access to VA

VA Appointments Information for Patients



Empowering Veterans

Improving Health Outcomes

24/7 Access to VA Information

What are My HealthVet VA Appointments?

My HealthVet VA Appointments is a feature that lets you view your VA Appointments 24 hours a day, 7 days a week online. Summary and detailed information is given for each appointment.

The summary information includes:

- ★ Date, time, name and location of the clinic
- ★ Clinic name, phone number and appointment status in the detailed information
- ★ Pre-appointment actions in the appointment details (for example you may need to have an x-ray, blood drawn, or an electrocardiogram)
- ★ Length of the appointment on the Health Calendar (this is just a placeholder; the actual appointment length may be different)

What are the requirements for viewing VA Appointments in My HealthVet?

To use VA Appointments you must:

1. be a Veteran enrolled at a VA health care facility
2. be a registered My HealthVet user
3. have an upgraded account

To get an upgraded account you must complete a one-time process called In-Person Authentication or "IPA." For more information on how to upgrade your account, visit **Quick Links**. You can upgrade your account at your VA Medical Center or Community Based Outpatient Clinic (CBOC).

Can I receive an Email Reminder about my VA Appointments?

Yes, you can receive a VA Appointments Email Reminder about your appointment by setting your Preferences. Once you set up your VA Appointments Email Reminder, you will receive an email both 14 days before **and** 3 days before your appointment. The VA Appointments Email Reminder will be sent to the email address you provided when you registered for My HealthVet. If you have changed your email address, be sure to make that change in your My HealthVet account.

Which VA Appointments will I be able to view?

You will be able to view your upcoming scheduled VA clinic appointments as well as see your appointment history for the past two years.

What are the benefits of using My HealthVet VA Appointments?

- ★ Allows you to view your VA Appointments on your Health Calendar in your My HealthVet account
- ★ Allows you to set up an email reminder for your VA Appointments
- ★ Provides you with detailed VA Appointments information
- ★ Allows you to be more involved in your own health care
- ★ Allows you to view your scheduled clinic appointments as well as see your appointment history for the past two years

Will I receive an appointment notification from my VA facility?

If your VA health care team currently notifies you about your appointment, you may still receive an appointment notification.

How can I cancel or change my VA Appointments?

You can cancel or change your VA Appointments by contacting your local VA facility. If you have Secure Messaging you can also cancel or change your VA Appointments by sending a Secure Message to your health care team.

What should I do if I have any questions about my VA Appointments?

Contact your VA facility if you have any questions about your VA Appointments.

How to find VA Appointments on My HealthVet

Log on to: www.myhealth.va.gov

Select:



Log into your My HealthVet account. If you do not have an account, you will need to register and complete the one-time In-Person Authentication (IPA) process to access your VA Appointments.

Once logged in, you can view your VA Appointments by:

- ★ Selecting Get Care, then the Appointment tab, or
- ★ Selecting Get Care, then the Health Calendar, or
- ★ By using the Blue Button to download the VA Appointments information in your My HealthVet account

Personal Health Record features available for you on My HealthVet

My HealthVet offers you a secure, online, 24/7 accessible Personal Health Record which includes:

- ★ VA prescription refills
- ★ Blue Button download, store and print of information in your My HealthVet account
- ★ VA Appointments *
- ★ Secure Messaging with participating providers *
- ★ VA Wellness Reminders *
- ★ Tracking Tools and Journals for health metrics, activities, family health and military health histories
- ★ Healthy Living Centers focused on medication safety, healthy eating, and separating from active duty
- ★ Trusted health libraries
- ★ Additional extracts of your VA Electronic Health Record as they become available *

* In-Person Authentication required for access.